

Year 2 PSHE Curriculum Overview

Year 2 – Autumn 1 – Physical Health

- how some diseases are spread and can be controlled; the responsibilities they have for their own health and that of others; to develop simple skills to help prevent diseases spreading
- that household products, including medicines, can be harmful if not used properly
- the names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls
- rules for and ways of keeping physically and emotionally safe including road safety, cycle safety and safety in the environment, rail, water and fire safety

to recognise what they like and dislike, how to make real, informed choices that improve their physical

Year 2 – Autumn 2 – Mental & Emotional Health

- to think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals
- about growing and changing and new opportunities and responsibilities that increasing independence may bring
- about people who look after them, their family networks, who to go to if they are worried and how to attract their attention
- to recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell' including knowing that they do not need to keep secrets

January 2017 addition:

- what is meant by 'privacy'; their right to keep things 'private'; the importance of respecting others' privacy

Year 2 – Spring 1 – My Relationships

- to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)
- the difference between secrets and nice surprises (that everyone will find out about eventually) and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid
- to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class

Year 2 – Spring 2 – Equality & Diversity

- to offer constructive support and feedback to others
- to identify and respect the differences and similarities between people
- that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
- strategies to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help

Year 2 – Summer 1 – Being a Responsible Citizen

- to help construct, and agree to follow, group, class and school rules and to understand how these rules help them
- that people and other living things have rights and that everyone has responsibilities to protect those rights (including protecting others' bodies and feelings; being able to take turns, share and understand the need to return things that have been borrowed)
- what improves and harms their local, natural and built environments and develop strategies and skills needed to care for these (including conserving energy)

January 2017 additions:

- about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency.

Year 2 – Summer 2 – Economic Wellbeing

- about the role money plays in their lives including how to keep it safe, choices about spending or saving money and what influences those choices